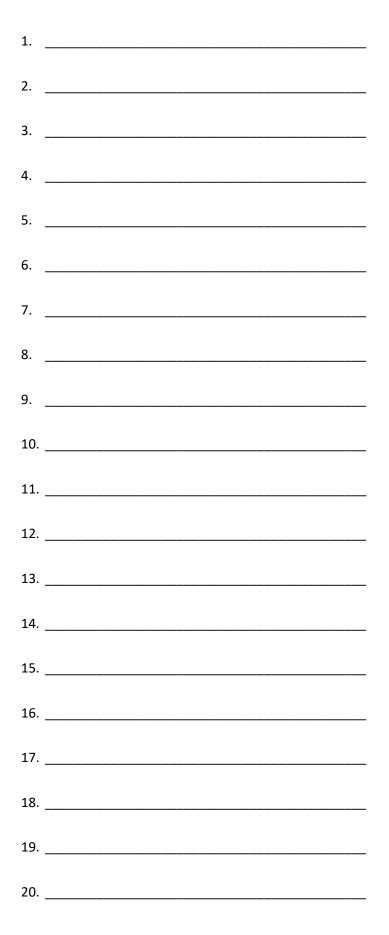
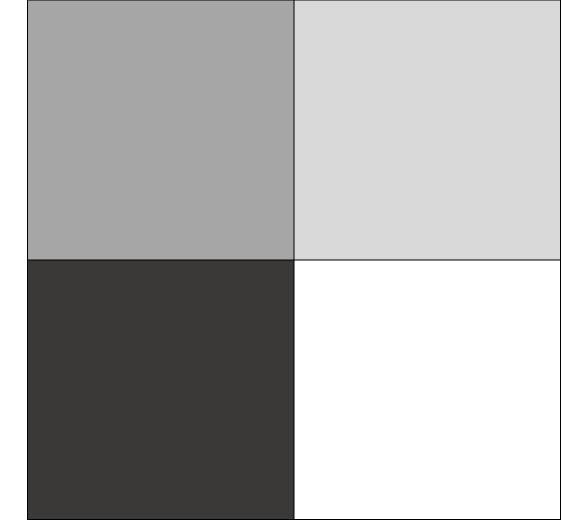
Extra-Curricular Activities



The Motivation Matrix





Negatively engaged

Positively engaged

Which quadrant were you in as a beginner? Where were you as a teenager? What about now?

Samantha's 40-Thing Challenge Chart!

Level 1	Level 2	Level 3	Level 4	Level 5
Task has begun / all rhythms and pitChes CorreCtly understood	Accurate playing including articulation and dynamics	Fluent playing Combined with all expression	CorreCt tempo, sounding confident and musical	Task is complete / Piece has been performed and/or recorded!

NAME OF TASK	Level 1	Level 2	Level 3	Level 4	Level 5
1	L	L	J	T	<u>J</u>
2					
3					
4					
5					
6					
7					
8					
9					
10					
21					
12					
13					

Name of piece or section or task Date started Comments Date finished/performed/recorded	
Name of piece or section or task Date started Comments Date finished/performed/recorded	
Name of piece or section or task Date started Comments Date finished/performed/recorded	

This term you get to choose YOUR OWN SET of 15 challenges!

You can select one challenge multiple times. For example, if you like learning scales, you might choose to have 3 lots of 'learn 3 new scales' (so you'll learn 9 scales in total), or if you love playing chord charts, you might want to have 3 or 4 chord chart challenges.

You must select at least one challenge from EACH CATEGORY, so the maximum number you can have of any one challenge is 8.

Try to select a good variety, but if you really want to stick to one particular challenge after you've selected one from each category, that's ok!

List of Challenges	Choose at least 1 per category		
Technical work			
Learn 3 new scales			
Learn 3 new arpeggios			
Learn 2 Hanon exercises			
Earn 10,000 points on ScaleBlitzer			
Play 3 scales at a fast speed			
Creative			
Transpose a piece into 2 different keys			
Compose an original piece or song			
Compose a variation of one of your pieces			
Learn a chord chart			
Repertoire			
Learn 1 long piece			
Learn 2-3 short pieces			
Learn a duet part			
Fun Facts			
Find facts about composers and period style of 2 pieces			
Complete five pages of theory			
Sight reading			
Complete one level of sight reading			
Sight-read at least 2 different pieces per week			
Performance			
Play for a large audience (e.g. school assembly, AMS class)			
Perform a recital (at least 3 pieces) for family/friends			
Record 2 pieces and send to a relative/friend			
Practice			
Practice 7 days in a row			
Do 3 x 20min practices in one day			
Practice 5 times per week for 4 weeks			

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Ethan	Learn 3 scales	Transpose a piece to 2 keys	Compose an original piece	Compose an original piece	Learn 1 long piece	Learn 2 short pieces	Learn a duet part	Learn about the period of 2 pieces	Complete 1 sight reading level	Complete 1 sight reading level	Score 47/50 in a test	Play for a large audience	Play for a large audience	Play for a large audience	3 x 20 mins in one day
Nathanael	Learn 3 scales	Learn 2 Hanon exercises	Learn 2 Hanon exercises	Play 3 scales fast	Learn a chord chart	Learn 1 long piece	Learn 1 long piece	Learn a duet part	Learn a duet part	Find facts on 2 composers	Complete 1 sight reading level	Complete 1 sight reading level	Perform a recital	Record 2 pieces	Practice 5 times x 4 weeks
Jed	Learn 3 scales	Learn 2 Hanon exercises	Earn 10,000 points on ScaleBlitzer	Play 3 scales fast	Transpose a piece to 2 keys	Compose an original piece	Learn a chord chart	Learn 1 Iong piece	Learn a duet part	Learn about the period of 2 pieces	Complete 1 sight reading level	Score 47/50 in a test	Perform a recital	Practice 7 days in a row	3 x 20 mins in one day
Maggie	Earn 10,000 points on ScaleBlitzer	Earn 10,000 points on ScaleBlitzer	Transpose a piece to 2 keys	Transpose a piece to 2 keys	Learn a chord chart	Learn 1 long piece	Learn 2 short pieces	Learn a duet part	Learn about the period of 2 pieces	Learn about the period of 2 pieces	Score 47/50 in a test	Record 2 pieces	Practice 7 days in a row	Practice 7 days in a row	Practice 5 times x 4 weeks
Isabelle	Earn 10,000 points on ScaleBlitzer	Play 3 scales fast	Transpose a piece to 2 keys	Compose a variation	Learn a chord chart	Learn a chord chart	Learn a chord chart	Learn 2 short pieces	Learn 2 short pieces	Learn a duet part	Learn a duet part	Find facts on 2 composers	Complete 1 sight reading level	Record 2 pieces	Practice 7 days in a row
Amber	Learn 3 scales	Learn 3 arpeggios	Compose an original piece	Compose an original piece	Compose an original piece	Learn a chord chart	Learn a chord chart	Learn a chord chart	Learn 1 long piece	Learn 2 short pieces	Learn a duet part	Find facts on 2 composers	Complete 1 sight reading level	Perform a recital	Practice 7 days in a row
Lauren	Learn 2 Hanon exercises	Transpose a piece to 2 keys	Learn a chord chart	Learn 1 long piece	Learn 1 long piece	Learn 2 short pieces	Find facts on 2 composers	Find facts on 2 composers	Learn about the period of 2 pieces	Complete 1 sight reading level	Complete 1 sight reading level	Score 47/50 in a test	Record 2 pieces	Practice 7 days in a row	Practice 5 times x 4 weeks
lsaac	Learn 3 scales	Play 3 scales fast	Transpose a piece to 2 keys	Compose a variation	Learn a chord chart	Learn 1 long piece	Learn 2 short pieces	Learn 2 short pieces	Find facts on 2 composers	Complete 1 sight reading level	Score 47/50 in a test	Perform a recital	Record 2 pieces	Practice 7 days in a row	Practice 5 times x 4 weeks

The BlitzBooks Progress Matrix

	Practice	Not much/no practice
Support	1 Fastest possible progress	2 Slow progress
Not much/No support	3 Reasonable progress (unusual)	4 No progress

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AWARD	TRANSLATES TO		
Bronze Award	Excellent practice routine, well prepared and showing improvement every week in the lesson. Homework book referred to and followed diligently. In addition, the student has a positive approach to learning and a willingness to improve music skills in all areas.	10% scholarship + medal	
Silver Award	As for Bronze Award but with extra effort put in to achieve even more than is written in homework book. This student is super-prepared for every lesson, has done extremely efficient practice all term and is pro- active in pursuing repertoire, technique and other creative music skills.	20% scholarship + medal	
Gold Award	As for Silver Award but with even MORE. The most coveted and rare award, the Gold Award is for the student who goes above and beyond the call of duty, with a superb and rarely deviated-from practice routine, a zest for improvement and an overall passion for music!	30% scholarship + trophy	